



**Brain Injury  
Alliance**  
I O W A

**25th Annual  
Best Practices in Brain Injury Services Conference**  
“**Shattering** the Myths,  
Unmasking the Opportunities”

**Break Out  
Friday, March 3, 2017  
2:15pm - 3:15pm**

***Kim Karwal, BS***

Kim is currently an Assistive Technology Support Professional at Easter Seals Iowa, providing assistive technology support statewide for children and adults with disabilities. Kim holds a Bachelor of Science from Iowa State University and is currently pursuing her Masters in Rehabilitation Counseling from Drake University.



**Assistive Technology for Health and Wellness**

Easter Seals anted to offer a different take on the utilization of Assistive Technology. By demonstrating AT and efforts related to the overall health and wellness efforts. Will bring devices, including fitness tracking devices as well as show videos of opportunities existing in the state of Iowa.

**Objective:**

- Participants will recognize the national and state data supporting the mental and physical health disparity among individuals with disabilities
- Participants will identify the barriers, solutions, and resources/referral source to positively impact the mental and physical health disparity among individuals with disabilities
- Participants will distinguish specific programs and techniques to successfully address the mental and physical health and wellness among individuals with disabilities

**Target Audience:**

Case managers, counselors, professionals

\*Not limited to target audience